

CLWB CHWARAEON LLANWDDYN LLANWDDYN SPORTS CLUB

Pob Nos Lun a Nos Iau

Every Monday & Thursday Evening

AMSERLEN - TIMETABLE

NOS LUN - MONDAY EVENING	
7yh – 8yh	PÊL DROED / 7pm – 8pm FOOTBALL
7yh – 9yh	TENIS BWRDD / 7pm – 9pm TABLE TENNIS
8yh – 9yh	PÊLRWYD / 8pm – 9pm NETBALL
NOS IAU - THURSDAY EVENING	
7yh – 8yh	CADW’N HEINI / KEEP FIT 7pm – 8pm
7yh – 8yh	PÊL DROED / FOOTBALL 7pm – 8pm
7yh – 9yh	TENIS BWRDD/TABLE TENNIS 7pm – 9pm
8yh – 9yh	BADMINTON 8pm – 9pm

Croeso Cynnes i Bawb – Warm Welcome to Everyone

Pris: £1 i blentyn 8 i 16. £2 i 16+

Price £1 child 8 to 16. £2 for 16+

Bydd croeso mawr i unrhyw un sy’n barod i helpu efo hyfforddi –
ffoniwch 01691 870217/870265 os gwelwch yn dda

Anyone willing to help with coaching occasionally would be
most welcome – please ring **01691 870217/870265**

Edrychwn ymlaen i'ch gweld – We look forward to seeing you